

Evening Home Assemblies...continued

PRACTICAL APPLICATIONS:

What were the take-aways from today's sermon?

What are some other symptoms of an emotionally diseased spiritual heart?

Can you think of some other ways to help heal the emotions of the diseased spiritual heart?

How does Christ's Spirit and our faith work together to bring about healing and transformation of the emotions?

POINTS FOR PRAYER:

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PLEASANT HILL CHURCH OF CHRIST

Morning Assembly-April 14th, 2019

Title: PURIFYING THE HEART- "*Our Emotions & Feelings*"

Text: 1 Timothy 1:5 and 1 Corinthians 13:4-5

Introduction: A diseased spiritual heart is often revealed through the selfish, hurtful, and cruel expressions of our emotions. An example would be "Outbursts of Anger" A healthy spiritual heart reveals itself in gentleness and kindness.

POINT 1: Feelings, Emotions & Symptoms of Heart Disease

- * *To purify spiritual hearts, first identify emotional diseases*
 - Feelings are... impressions or emotional responses produced by a person, place, thing, or event.
 - Emotions are defined as... the agitation of passions or sensibilities often involving physiological changes.
 - An Example of a Diseased Heart ... 1 Corth. 13:4-5 Provoked to anger or wrath, screaming, yelling accompanied by physical or emotional abuse of another.

POINT 2: Healing an Emotionally Diseased Heart

- * *The cure comes through repentance, faith and His Spirit*
 - Ephesians 4:22-24 & 31-32 "REPENTANCE PROCESS"
 - ✓ **Reference Point:** Examine your life behaviors and identify a habit you have in the flesh that you need to put to death. *Roms. 8:12-14*
 - ✓ **New Mindset:** Set your mind on the character qualities of a spiritual man. (*Roms. 8:6 & Col. 3:1-2*)
 - ✓ **Intentional Practice:** Put on the new character qualities that exemplify a godly person. *Roms. 13:14 & Col. 3:12-14*
 - 2 Corinthians 5:6-10 *Live by faith in what God says about you in the Scriptures. Remember, as a man thinks within himself, so he is. (Prov. 23:7 & Eph. 2:10)*
 - Galatians 5:22-25
WE ARE TOLD TO LIVE BY THE SPIRIT *CHRIST'S Spirit produces self-control, gentleness, and mercy Tests your motives and live like Christ. Prov. 16:32)*

Conclusions: _____